

1.5 Day Hands-ON Ultrasound

Fetal Echo Workshop

Date: 14-15th March 2026

Venue: Indraprastha Apollo Hospital, New Delhi.

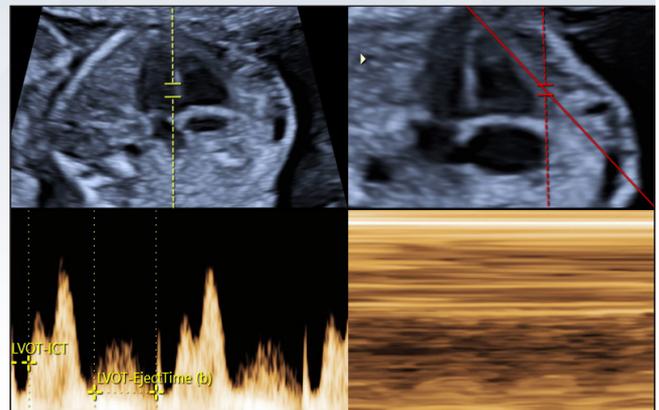
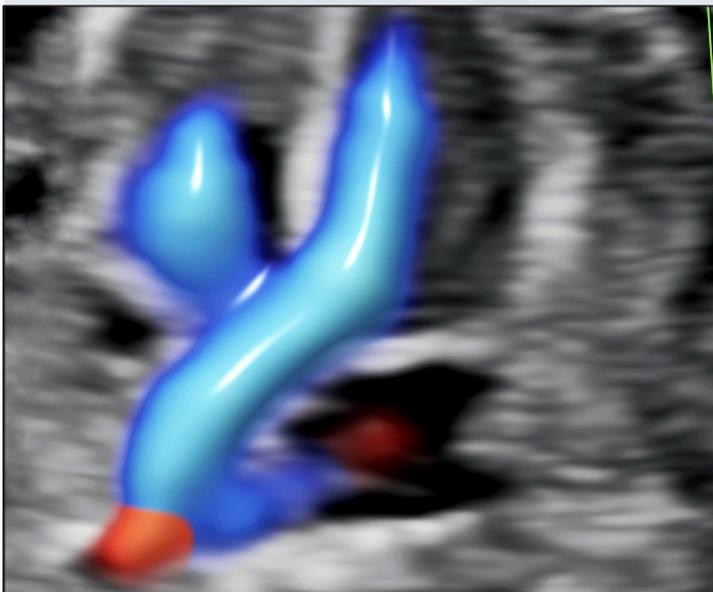
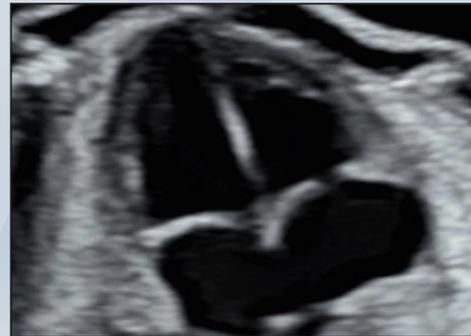


WORKSHOP FEE:

(Day 1 & 2) Rs. 21,000/- incl. of GST
(Day 2) Rs. 18000/- incl. of GST

REGISTER AT:
www.empower-us.in/echo

- 1 Upto 6-8 hours of HANDS-ON practice on OPUS Simulators
- 2 Basic and extended Cardiac views for comprehensive cardiac screening.
- 3 Live DEMO and discussion on reporting of Fetal Echo, sample report handouts.



FACULTY



Dr Anita Kaul
Course Faculty,
Director, Simulator
Courses, Clinical Lead,
Apollo Fetal Medicine &
Therapy, New Delhi



Dr Urvashi Chhikara
Course Faculty,
Fetal Medicine
Consultant,
Cloudnine Hospitals,
New Delhi.



Dr Prerna Bhat
Course Faculty,
Consultant - Fetal &
Paediatric Cardiology
Mahatma Gandhi
Hospital, Jaipur.

**CANDIDATES CAN REGISTER FOR EITHER
BOTH DAYS OR JUST
FOR DAY 2.**

REGISTER AT: www.empower-us.in/echo

For any queries, please call Himanshi at 9899228408 or
write to info@empower-us.in

Fetal Echo Workshop

FACULTY: Dr. Anita Kaul | Dr. Urvashi Chhikara | Dr. Purna Bhat



Programme

Day - 1 Saturday, 14th March 2026

Time	Topic
5 - 5.30 PM	Rhythm of the heart & assessment
5.30 - 6.00 PM	Fetal Cardiac Biometry
6 - 7.00 PM	Methods for Assessing Ventricular Contractility using Spectral Doppler <ul style="list-style-type: none">- Systolic function of ventricles- Diastolic function of ventricles- Hemodynamic assessment and decision making
7 - 7.30 PM	Live Demo of Assessing Cardiac Function

Day - 2 Sunday, 15th March 2026

Time	Topic
9 - 9.15 AM	Introduction
9.15 - 9.45 AM	Fetal circulation and sonoanatomy as pertaining to cardiac cycle
9.45 - 10.15 AM	Basic and extended Views of the Heart: Sequential Segmental Approach
10.15 - 11.30 AM	Situs and Axis- Normal and Abnormal Theory briefing followed by HANDS-ON practice on OPUS simulator.
11.30 - 1.30 PM	Four chamber view - Normal Theory briefing followed by HANDS-ON practice on OPUS simulator. Four chamber view - Abnormal (HANDS-ON practice on OPUS simulator.) Discordant ventricular size, septal defects VSD, ASD Summary and Learning points of all the abnormal cases
1.30 - 2.00 PM	LUNCH
2.00 - 4.00 PM	Outflow tracts LVOT RVOT - Normal Theory briefing followed by HANDS-ON practice on OPUS simulator. Outflow tracts - Abnormal (HANDS-ON practice on OPUS simulator.) TGA TOF, CoA Summary and learning points of all the abnormal cases
4.00 - 5.30 PM	3VV AND 3VT -Normal Theory briefing followed by HANDS-ON practice on OPUS simulator. 3VV AND 3VT- Abnormal (HANDS-ON practice on OPUS simulator.) Summary and learning points of all the abnormal cases ARSA

REGISTER AT: www.empower-us.in/echo

For any queries, please call Himanshi at 9899228408 or write to info@empower-us.in

Testimonials

#

Heartfelt gratitude to the entire team of Fetal Cardiac Course with Hands on USG training at Indraprastha Apollo Hospital, New Delhi for an amazing educational experience. The entire session was very meticulously planned out and was truly beneficial. The simulator has given me a lot more confidence in focusing the required cardiac sections accurately. The expertise and teaching methods made this CME truly outstanding. Sincere thanks to respected Dr Anita Kaul Ma'am, Dr Manisha Ma'am and Dr Urvashi Ma'am! Your warm-hearted, exceptionally brilliant minds with humble and confident personalities have profoundly inspired me...I am eager to apply what I have learned and am looking forward to getting more such opportunities to enhance our knowledge and skill.



REGISTER



www.empower-us.in/echo

Dr Monica Shekhawat,
Ghaziabad,

Fetal Echo Workshop - Jan 2025,
Indraprastha Apollo Hospital,
New Delhi

Testimonials



It's always great to meet team Apollo and Empowerus. The program was excellently planned. It was a great pleasure and experience. I wish to thank Anita Mam, Manisha Mam and the very sweet and lovely Urvashi Mam. I hope I am able to do justice to this learning.

Thank you all.

Aparna Setia,
New Delhi,

Fetal Echo Workshop - Jan 2025,
Indraprastha Apollo Hospital,
New Delhi



REGISTER



www.empower-us.in/echo

Empower your Fetal & Gynaecological ultrasound learning experience with our experienced clinical team and the best technology on offer.

We introduced hands-on ultrasound training courses using hi-fidelity simulators 3 years back and have successfully conducted over 55+ well designed structured, ultrasound training courses all across India.

For more information, visit: www.empower-us.in