

EMPOWERUS

2 Days

# HANDS-ON ANOMALY COURSE

22-23 Nov 2025

Apollo Hospital, New Delhi

DR ANITA KAUL

Sr. Consultant and Head of Dept.  
Apollo Centre for Fetal Medicine  
New Delhi

DR DIVYA SINGH

Consultant, Radiologist  
Mirchia's Diagnostic Centre,  
Chandigarh

DR URVASHI CHHIKARA

Consultant, Fetal Medicine  
Cloudnine Hospital, Delhi

## COURSE DETAILS

20 + 2 planes approach to the  
routine mid-trimester scan from  
FMF-UK Anomaly Certified Faculty

Learn each step of the scanning process: the  
sequence of hand movements one must do while holding  
the transducer to reach each target plane, the measuring  
of the resulting image, and the final interpretation.

Day 1 & 2: 14 hours of hands-on simulator based  
scanning on real volumes, both normal and abnormal.  
**LIVE DEMO** on Day-2



Course Fee: 21,000/- ( includes 18% GST)

Only 20 spots to facilitate a one-on-one  
learning

Scan QR Code to **REGISTER** or  
visit [www.empower-us.in/anomaly](http://www.empower-us.in/anomaly)

## EMPOWERUS

Learn from the most experienced  
trainers in India!

We introduced hands-on ultrasound  
training courses using hi-fidelity OPUS  
simulators 3 years back and have  
successfully conducted over 50+ well  
designed, structured , ultrasound  
training courses in Delhi, Goa, Pune,  
Bangalore, Kolkata, Kochi, Lucknow,  
Prayagraj, Mangalore, Trivandrum,  
Belgaum, Dehradun.

For details, call Himanshi: 9899228408

# Day 1 - Saturday

## COURSE FACULTY



DR ANITA KAUL



DR DIVYA SINGH



DR URVASHI  
CHHIKARA

## US Basics

Knobology - optimising presets

PPT Lecture

9.00 - 9.30 AM

Mannequin and Pelvis - Situs

Demonstration

9.30 - 10.00 AM

**Practice Overview Planes. Normal & abnormal.**

Longitudinal head and body for initial orientation

Hands-on on OPUS

10.00 - 11.00 AM

**Tea Break 11.00-11.30 AM**

## Spine

Basic Anatomy and video demo of correct examination of Spine pathology

PPT Lecture

**Practice Views of Spin. Normal & abnormal.**

Sagittal complete spine  
Coronal complete spine.  
Coronal section of body.

Hands-on on OPUS

**Lunch Break 1.30-2.15 PM**

## Head

Basic Anatomy and video demo of correct examination.

PPT Lecture

2.15 - 2.45 PM

**Practice Views of Head. Normal & abnormal**

Transventricular  
Transthalamic

Hands-on on OPUS

2.45 - 4:30 PM

**Tea Break 4.30-4.45 PM**

## Abdomen

Basic Anatomy and video demo of correct examination.

PPT Lecture

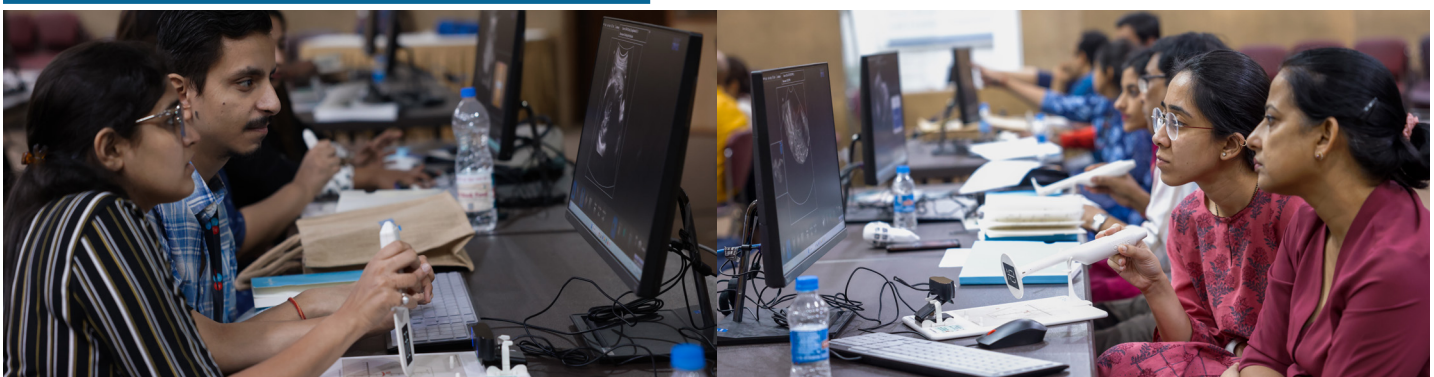
4.45 - 5.15 PM

**Practice Views of Abdomen. Normal & abnormal**

Transverse section of abdomen with stomach UV including measurements

Hands-on on OPUS

5.15 - 6.00 PM



# Day 2 - Sunday

## GIT

Basic Anatomy and video demo of correct examination of Kidneys

PPT Lecture

9.00 - 9.30 AM

Practice Views of GIT. Normal & abnormal

Hands-on on OPUS

9.30 - 11.00 AM

Tea Break 11.00-11.30 AM

## LIMBS

Basic Anatomy and video demo of correct examination of Limbs

PPT Lecture

11.30 - 12.00 PM

Practice Views of Limbs. Normal & abnormal  
Sagittal complete spine with coronal complete spine.  
3 bones and normal relationship

Hands-on on OPUS

12.00 - 1.30 PM

Lunch Break 1.30-2.15 PM

## Thorax/ Heart

Basic Anatomy and video demo of correct examination.

PPT Lecture

2.15 - 3.00 PM

Practice Views of Heart. Normal & abnormal  
Lungs, 4CV of Heart  
LVOT, RVOT, Crossover of LVOT  
3VT view of Heart

Hands-on on OPUS

3.00 - 4.30 PM

Tea Break 4.30-4.45 PM

## Face

Basic Anatomy and video demo of correct examination.

PPT Lecture

4.45 - 5.00 PM

Practice Views of Face. Normal & abnormal  
Coronal view of upper lip, nose & nostrils  
Both orbits, both lenses  
Median facial profile

Hands-on on OPUS

5.00 - 5.45 PM

## Pelvis

Basic Anatomy and video demo of correct examination.

PPT Lecture

5.45 - 6.15 PM

Practice Views of Face. Normal & abnormal  
Transverse section of pelvis, bladder, both umbilical arteries

Hands-on on OPUS

6.15 - 6.45 PM

Register at [www.empower-us.in/anomaly](http://www.empower-us.in/anomaly)

